

## Math Anxiety Scale

For each statement circle a number 1-5 which indicates whether you strongly agree (5), agree (4), no opinion (3), disagree (2) or strongly disagree (1).

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|--|---|---|---|---|---|
| 1. I usually have been at ease in math classes.                                      | 1 | 2 | 3 | 4 | 5 |
| 2. I see math as a subject I will rarely use.  | 1 | 2 | 3 | 4 | 5 |
| 3. I'm no good at math.  | 1 | 2 | 3 | 4 | 5 |
| 4. Generally, I have felt secure about attempting math.                              | 1 | 2 | 3 | 4 | 5 |
| 5. I'll need mathematics for my future work.   | 1 | 2 | 3 | 4 | 5 |
| 6. I'd be happy to get good grades in mathematics.                                   | 1 | 2 | 3 | 4 | 5 |
| 7. I don't think that I could do advanced math.                                      | 1 | 2 | 3 | 4 | 5 |
| 8. It wouldn't bother me at all to take more math courses.                           | 1 | 2 | 3 | 4 | 5 |
| 9. For some reason, even though I study, math seems unusually hard for me.           | 1 | 2 | 3 | 4 | 5 |
| 10. My mind goes blank and I am unable to think clearly when working in mathematics. | 1 | 2 | 3 | 4 | 5 |
| 11. Knowing mathematics will help me earn a living.                                  | 1 | 2 | 3 | 4 | 5 |
| 12. Math has been my worst subject.  | 1 | 2 | 3 | 4 | 5 |
| 13. I think I could handle more difficult mathematics.                               | 1 | 2 | 3 | 4 | 5 |
| 14. I'm not the type to do well in mathematics.                                      | 1 | 2 | 3 | 4 | 5 |
| 15. Math doesn't scare me at all.  | 1 | 2 | 3 | 4 | 5 |

Compute the mean for questions 1,4,5,6,8,11,and 15: \_\_\_\_\_

Compute the mean for questions 2,3,7,9,10,12,and 14: \_\_\_\_\_