

AALS

Using the scale below, to what extent do you agree or disagree with the following statements.

	agree 0	rather agree 1	rather disagree 2	disagree 3
1. I talk with others personally.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I'm asked my advice by other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. I'm the kind of person whom people feel easy to talk to.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I don't talk with someone else unless I have something I have to talk about.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I'm willing to say something to others usually.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I should listen to others more seriously.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I understand a person as the stereotype of such and such.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. I'm actually talking longer than the other person in spite of my intention to listen to him/her.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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9. I begin to talk before the other person finishes talking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I don't think I have a smooth conversation, when the other person becomes silent during talking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. I listen to the other person calmly, while he/she is speaking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. I begin arguing with the other person before I know it, while I'm listening to him/her.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. While listening, I tend to talk to the other person, sticking to his/her trivial words.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. I listen to others absent-mindedly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. When I can't follow what the other person is talking about, I pretend to understand it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. I listen to the other person, putting myself in his/her shoes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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17. I express my feelings straightforwardly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. I inadvertently see the other person from a critical viewpoint.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. I listen to the other person, summarizing in my mind what he/she has said.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. I sometimes give the other person a brief summary of what he/she has said.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. I never turn down another person's request to give him/her some advice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. I become emotional in spite of myself, while I'm talking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. I can mutually understand anybody.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. I can take an interest in anybody.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	agree	rather agree	rather disagree	disagree

	0	1	2	3
25. I tell the other person whatever things I feel.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. I tend to listen to others seriously.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. When I want to say something, I talk about it, even if I interrupt the other person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. I tend to hurry the other person into talking faster.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. I can keep listening to the other person, even if I'm not interested in his/her talk.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. I can listen to the other person, even if he/she has a different opinion from mine.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. I tend to deny the other person's opinion, when it's different from mine.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. I tend to talk in a directive and persuasive way, while talking with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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33. I tend to persist in my opinion, while talking with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. While listening, I get irritated from not understanding the other person's feelings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. I talk offensively, when I'm in a bad mood.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. When I began to talk at the same time as the other person did, I let him/her talk.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. When the other person is hesitating, I wait for him/her to begin talking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. When the other person is hesitating, I give him/her a chance by saying "For example, is it like this?"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. I listen to the other person, paying attention to his/her unexpressed feelings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. I listen to the other person, paying more attention to the changes of his/her feelings than to the contents of his/her talk.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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41. While listening, I'm careful not to interrupt the other person's talk.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. I'm aware of my own feelings, while I'm listening to others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. After the conversation, I regret that I should not have listened to the other person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. I don't get tired from listening to others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45. Listening to others arouses resistance in me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. I can listen to other persons' worries, but I can't confide mine.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. I'm pleased that I have given some advice to the other person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>